



Iota Omega
 P. O. Box 2732
 Norfolk, VA 23501
 norfolkpearls.com
 Kathy W. Moore, Basileus

INSIDE THIS ISSUE:

HBCU For Life #CAP 2

HBCU Spotlight Virginia State University 3

SPECIAL POINTS OF INTEREST:

New Member/ Transfer Orientation 4

Leadership Seminar 5

A Community Fair To Remember 6

Chapter Awards

Joint Chapter Retreat 7

International Day of Prayer 9

Souls4Souls Lions Club 11

Calendar 12



**ALPHA KAPPA ALPHA SORORITY, INCORPORATED®
 IOTA OMEGA CHAPTER**

Basileus Message

My Dear Sorors,

I hope you had an enjoyable summer with your family and friends!

September marks the beginning of a new academic year and the end of the summer season. Additionally, the first day of school is a major milestone in the life of any young person; one he/she is bound to regard with a curious mixture of feelings that could include anxiety, excitement, insecurity, hopefulness and hopes that both the homework loads and the cafeteria food will be manageable and enjoyable! Along with new school supplies and a fresh wardrobe, the student is bound to need a strong dose of love, encouragement and reassurance to fuel the start of a fun and successful school year. With this in mind, no matter the age, concerned parents, grandparents, and friends should continue to encourage your school children to apply, attend and graduate from a college or university. Also encourage them to volunteer their time to help others.

September also marks the beginning of our return to chapter endeavors and the work of our sisterhood. Let's be prepared to support our Target 1-HBCU For Life & #CAP initiatives, along with our fall Cluster meetings. The activity dates will arrive quickly this month! See you at the Tidewater Cluster!

Sisterly,



**Happy Birthday!
 September Birthdays**

- 1 Shirley Brown
- 2 Brianna Steele
- 2 Erin Shannon
- 4 Dyonna Wilson
- 9 Charita Selden
- 11 Tiffany Moore-Buffaloe
- 13 Brittany Clark
- 14 Jessica Bethea
- 14 Brittany Patterson
- 17 Tamara Cornick-Leonard



- 19 Robin Gainey
- 20 Robin Wilson
- 23 Jamean Alexander
- 24 Evelyn Henley
- 24 Kimberly Johnson
- 24 Adia White
- 26 Katherine Lindsey
- 27 Sherry Menard
- 27 Gwendolyn Bruce
- 28 Theresa Henry

**ACHIEVE YOUR DREAMS ★ ACCOMPLISH GOALS ★ ACQUIRE A COLLEGE DEGREE
BEGIN YOUR UNIVERSITY JOURNEY**

#CAPSM will bridge the gap between high school and college by helping you navigate the college admissions process. Our program will provide a step-by-step, hands-on process facilitating college admission by matching students with institutions.



Alpha Kappa Alpha Sorority, Incorporated®
Iota Omega Chapter-Norfolk, VA
Visit: www.norfolkpearls.com
Contact information:
Mrs. R. Blackstock
IOCAP@norfolkpearls.com

College Admissions Process

ELIBILITY REQUIREMENTS

- ✓ Male & Female high school junior or senior
- ✓ Minimum 2.0 GPA



STEPP

"A step-by-step Approach"

S-Search:
Search for schools and scholarships that meet your needs.

T-Test:
Prepare and take the required test(s).

E-Evaluate:
Evaluate the schools on your short list.

P-Paperwork:
Complete and submit applications, essays, financial aid forms and other required materials.

P-Positive Outlook:
Keep a positive attitude and be optimistic about your future.

PROGRAM COMMITMENT

One Saturday a month, 10:30am – 12:30 pm

Students will receive assistance with:

- Preparing for the SAT and ACT
- Researching Institutions & Compiling a Portfolio
- Completing college applications & Enrollment
- Searching and applying for scholarships
- Locating scholarships and other financial aid
- Writing personal essays and statements
- Understanding dorm life and the impact of being away from home
- Seminars, Workshops, Programs and much more!

"WE ARE FAMILY"



**PLEASE JOIN THE LADIES OF
ALPHA KAPPA ALPHA SORORITY, INCORPORATED®
DELTA OMEGA CHAPTER - PETERSBURG &
IOTA OMEGA CHAPTER - NORFOLK
as we celebrate our HBCUs in the**

BATTLE OF THE STATES

Norfolk State vs Virginia State

*Uno Pizzeria &
Grill - Norfolk, VA*

**SATURDAY
SEPTEMBER 7,
2019
1:00PM-4:00PM**

WWW.NORFOLKPEARLS.COM

EAT, DRINK & RAISE MONEY!

COME SUPPORT A DOUGH RAISER TO BENEFIT

Alpha Kappa Alpha Sorority, Inc.®
Delta Omega and Iota Omega
HBCU for Life Programs

DATE: 9/7/2019

VALID AT:
5900 E Va Beach Blvd
Norfolk Va 23502

UNO® will donate up to 20% of your check

DINE-IN or TAKEOUT!

unodoughraisers.com

PRESENT THIS TO YOUR SERVER

HBCU Week

- 9/16-HBCU Impact Day
- 9/17-HBCU NPS Spirit Door Decorating
- 9/18-HBCU Ambassadors Social Media
- 9/19-HBCU Spirit Social Media Campaign
- 9/20-HBCU Iota Omega Hidden Figures



9/16/19



**THE ROAD TO \$10 MILLION
IS PAVED IN PINK AND GREEN.
LET'S RAISE \$1 MILLION IN 1 DAY
TO IMPACT HBCUS!
DONATE @ DONATE.AKAEAF.ORG
#AKA1MILLION1DAY**

Virginia State University



Founding

Virginia State University was founded on March 6, 1882, when the legislature passed a bill to charter the Virginia Normal and Collegiate Institute. The bill was sponsored by Delegate Alfred W. Harris, a Black attorney whose offices were in Petersburg, but lived in and represented Dinwiddie County in the General Assembly. The university is one of Virginia's two land-grant institutions, and is located 20 minutes south of Richmond in the village of Ettrick. As an historically black college/university it is committed to the preparation of a diverse population of men and women through the advancement of academic programs and services that integrate instruction, research, extension, and outreach. The University endeavors to meet the educational needs of students, graduating life-long learners who are well equipped to serve their communities as informed citizens, globally competitive leaders, and highly effective, ethical professionals.

Values

- **Student Centered** – Promoting the intellectual, physical, social, and emotional development of students in all facets of University life.
- **Integrity** – Displaying the highest degree of ethical commitment in the pursuit of knowledge.
- **Engagement** – Developing civically engaged citizens who value all persons and demonstrate the desire to positively impact their immediate surroundings, nation, and world.
- **Customer Service** – Creating an atmosphere of respect, collegiality, and responsiveness to provide excellent service to our internal and external constituents.
- **Excellence** – Utilizing a balanced approach to create a high expectation of achievement, awareness, and intellectual development among our students, faculty, and staff.
- **Scholarly Research** – Conducting scholarly activity is at the forefront of our disciplines and applying translational discoveries and intellectual pursuits to benefit the community.
- **Global** – Preparing globally aware citizens that respect and appreciate cultural differences of all people through service and the dissemination of knowledge to the world.
- **Teaching** – Providing learning environments and activities consistent with best educational practices to create a framework where scholarship is intentional, transformational, and deepens understanding in the preparation of future leaders.
- **Diversity** – Fostering a community that identifies, values, and respects differences of all people by creating a positive experience for students, faculty, staff, and the community.



Today

Dr. Makola M. Abdullah serves as president of VSU. President Abdullah is advised by members of the President's Cabinet, composed of the chief of staff, vice presidents, several deans and associate deans, and other key University personnel. With a current student population of approximately 4,600, the University sits atop a rolling landscape overlooking the Appomattox River with expansive views of Petersburg. The 231-acre campus boasts 11 residence halls, 18 academic buildings and a 412-acre agriculture research facility.



Newly Reactivated/Transfer Sorors Orientation

July 17, 2019

Welcome Home Sorors!

Chapter orientation for newly reactivated and transfer sorors occurred on Wednesday, July 17, 2019. The Membership Committee planned a fun filled event with "Ice Breakers" and "Getting To Know You" activities. Our sorors were provided guidance with an overview of chapter operations, navigating our sorority websites, meeting basics, resources and an overview of the Norfolk Pearls Foundation of Virginia. The also received a detailed overview of the Exemplifying Excellence Thru Sustainable Service Programs. We look forward to meeting with the sorors again this upcoming quarter!



The Ivy Strengthens the Pearls that Bind Us



LEADERSHIP SEMINAR-Nashville, TN June 27, 2019 - June 30, 2019



A Community Health Fair To Remember

August 10, 2019



Joint Chapter Retreat

The 2019 Joint Chapter Retreat was held at the Hampton Convention Center. Our retreat theme of “We Are One” resonated throughout the weekend festivities. Our Friday night reception and social evening was warm, welcoming and fun-filled. Our Saturday session of Sisterly Relations activities was expertly facilitated by our own Golden Soror Lillian Brinkley. Our undergraduate sorors of Delta Epsilon ended our Saturday session by creating and teaching a healthy fun-filled stroll for Iota Omega. The committee did an outstanding job!



2018 Perfect Attendance

- Loetti Alexander
- Shirley Brown
- Gwendolyn Bruce
- Tamara Cornick-Leonard
- Sharon Council
- Robin Gainey
- Joyce Henry
- Theresa Henry
- Denise Jones
- Melanie Patterson
- Carla Perry
- Kristen Spellman
- Robin T. Wilson



2018 Chapter Awards

During the chapter retreat we highlighted our phenomenal sorors for the work that they do in our chapter and in our community. Congratulations to:

Aline Black Hicks - Target 2: Women's Healthcare and Wellness

Leadership Award: Soror Violet Hoyle

Most Active Soror: Soror Anordia Weatherly

Soror of the Year: Soror Chauntrell Guilford

Vivian Carter Mason: Soror Khalilah Shabazz

Joint Chapter Retreat-August 23-24, 2019



LEADERSHIP SEMINAR-Nashville, TN June 27, 2019 - June 30, 2019



The seminar served as the platform to open the doors of AKA UniversitySM. This exciting new platform will serve as the umbrella under which education, training, and leadership development will emerge so that members can enhance their personal development and provide more impactful service to the community. Training provided through AKA UniversitySM will include both in-person workshops and online portals.

The core curriculum will consist of workshops and classes related to: (1) Alpha Kappa Alpha Sorority operations, policies and procedures; and (2) members' personal and professional development. Special emphasis was placed on Chapter/Regional leadership and Executive service level management training. The overall objective was to train and develop world class leaders for enhanced community service.

The Four Track approach to Excellence allowed sorors to select courses to enhance their personal, professional and knowledge base of sorority procedures, practices and program implementation. The seminar included workshop offerings, forums, roundtables and summits led by nationally known experts.

The Thursday Opening Session was electrified by Bishop Joseph Warren Walker, III, Senior Pastor of the historic Mt. Zion Baptist Church of Nashville. His formal address received a thunderous standing ovation. The AKA UniversitySM ribbon cutting ceremony was a historic moment in our sorority. The ribbon cutting was followed by the Leadership Hall of Fame inductions.

Other highlights included the Congressional Women's Roundtable, HBCU Presidents Roundtable and Corporate Women's Roundtable. Service projects included the AKA Mobile Mammogram Unit, Soles4Souls-shoe donations and Lions Clubs International-eyeglass donations. AARP "Leading and Living Your Best Life", Social Justice, and the 21st Century Judicial System were all dynamic forums offered to sorors.

The Undergraduate Summit and AKA Family Reunion closed out the 2019 Leadership Seminar. The family reunion included fantastic entertainment, photography stations, line dancing, card games, board games, socializing and plentiful stations of southern family reunion cuisine...just like a family summer reunion! The dress was casual, the food was over-flowing and sorors moved around freely enjoying each others company.

Our chapter pride dinner at "The Diner" offered six (6) floors of both casual and upscale dining and our chapter pride brunch at "Puckett's Grocery & Restaurant", both in downtown Nashville, were mouthwatering and delicious! The Gaylord Opryland Resort and Conference Center provided outstanding service and proved to be a tailor-made venue. There was really not a need to leave the premises! The 2019 Leadership Seminar was a notable success!



International Day of Prayer August 25, 2019

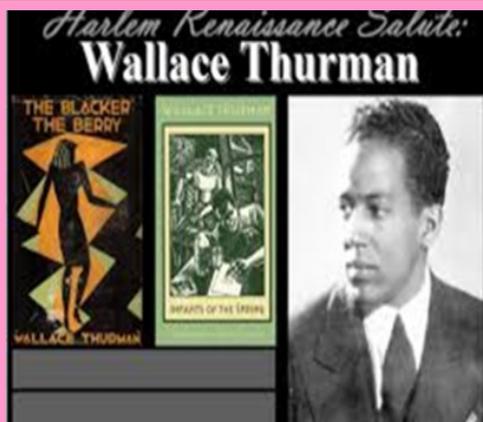
In light of all that is occurring in the United States and around the world Iota Omega and Delta Epsilon chapters worshiped together as a sign of solidarity, to make intercessions for peace in this world, and covering for our sisterhood and the work we perform in service to all mankind. We prayed for our communities, our nation and one another. Sorors in attendance pooled together their individual Sunday offering and collectively gifted \$275.00 to Second Calvary Baptist Church (SCBC). Senior Pastor, Dr. Geoffrey Van Guns accepted the offering and has earmarked the funds towards the 720 girls and 27 teachers of the African Inland Church (A.I.C) Girls Boarding School in Kajiado, Kenya. This initiative is in lockstep with Target 5: Global Impact. SCBC is a congregation deeply committed to missions, evangelism, ministry, and Christian education. Our donation gift will be given to the school in the name of Alpha Kappa Alpha Sorority, Incorporated-Iota Omega Chapter.



International Day of Prayer Second Calvary Baptist Church



Target 4: The Arts! - Book Club



Target 4 – The Arts! is asking sorors to secure a copy and join us as we read Wallace Thurman's "The Blacker the Berry." Soror Sylvia Lawson will lead a lunch discussion of the novel on Saturday, September 14, 2019 at Piccadilly, 530 North Military Highway, Norfolk,

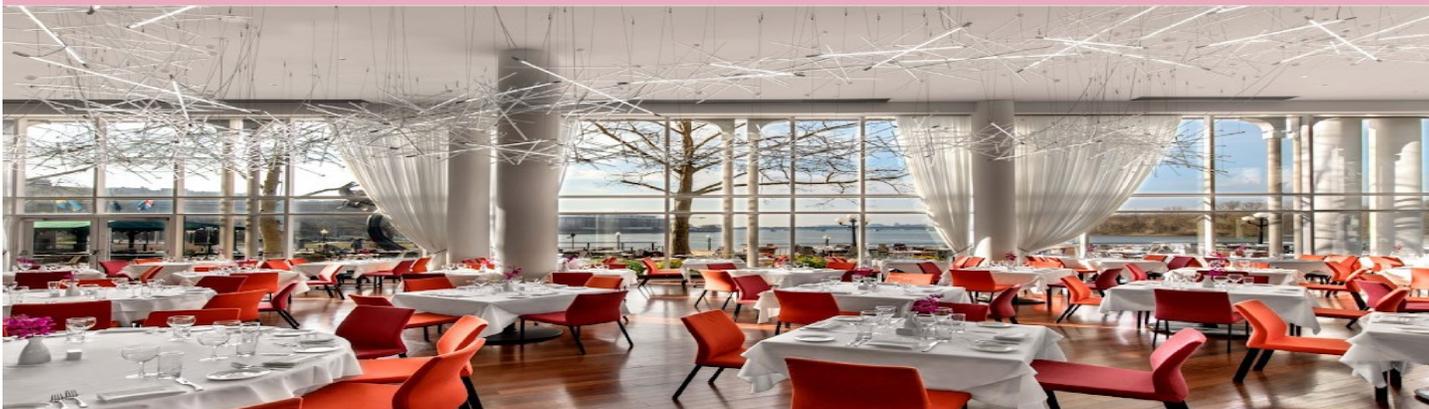


SATURDAY
OCTOBER 12TH 2019
7.00 - 11.00 PM
(DOORS CLOSE AT 8)



DOWNTOWN
WATERSIDE MARRIOTT
235 EAST MAIN STREET
NORFOLK, VA 23510

9th ANNUAL TIDEWATER



TOP CHEF CULINARY EXTRAVAGANZA

TICKETS: \$ 30
TASTING: 7.30 - 9.00 PM



SILENT AUCTION
CASH BAR
CHIC ATTIRE

ALPHA KAPPA ALPHA SORORITY, INCORPORATED®
Marvelous Mid-Atlantic Region



A New Thing:
ReNEWing
Our Commitment to Excellence!



Soror Jennifer King Congleton
MID-ATLANTIC REGIONAL DIRECTOR



Tidewater Cluster Meeting

September 28, 2019
Chesapeake Conference
Center
700 Conference Drive
Chesapeake, VA 23320

Host Chapter:
Zeta Kappa Omega

Registration: 7:30 a.m.
Program begins: 9:00 a.m.

Soror Glenda Baskin Glover
SUPREME BASILEUS



ALPHA KAPPA ALPHA SORORITY, INCORPORATED®

Mid-Atlantic Region

Undergraduate Round-Up



Embodying Excellence In Every Endeavor

SOROR JENNIFER KING CONGLETON
Mid-Atlantic Regional Director

SOROR GLENDA BASKIN GLOVER
Supreme Basileus

September 20-21, 2019
Embassy Suites Concord
Concord, NC

Host Chapters: Gamma Lambda, Winston-Salem State University,
Pi Beta, Wake Forest University

SOLES 4 SOULS

WEARING OUT POVERTY®

Everyone deserves a good pair of shoes

- Soles4Souls was founded as a disaster relief organization after philanthropists and shoe executives provided footwear to those most impacted by The Indian Ocean tsunami in 2004 and Hurricane Katrina in 2005.
- Since Soles4Souls began in 2006, we've distributed over 35 million pairs of shoes in 127 countries. But EVERY SINGLE ONE of those pairs makes a difference in people's lives.
- We continue to act as second wave responders providing footwear and clothing to those in need during times of disaster.
- Every day children are prevented from attending school; adults are unable to work. Walking becomes unbearable. A new pair of shoes provides relief in developing nations, in times of disaster, and helps bridge the economic gap.
- We utilize new and gently-worn shoes and clothing as a resource for individuals to start and sustain a small business (a micro-enterprise) of their own in places where job opportunities don't exist.
- With your help, we can provide a life-changing solution: a good pair of shoes.



The shoes you no longer want create opportunity many need.

"Give a person a fish, they eat for a day; teach a person to fish and they eat for a lifetime."



Lions Clubs International



Usable Glasses Can Make A Difference!

Lions and Leos help to conserve sight by providing usable eyeglasses to children and adults throughout the world.



Why Recycle Glasses?

An estimated 120 million people* are visually impaired because of uncorrected refractive errors (far and near sightedness). Almost all cases can be corrected and normal vision can be restored with eyeglasses, contact lenses or refractive surgery. The lack of eyeglasses denies children and adults opportunities for education, employment and a better quality of life.



The Journey of Recycled Glasses

1. Lions and Leos collect used eyeglasses at various community locations.
2. The glasses are shipped to the nearest Lions Eyeglass Recycling Center where trained volunteers sort, clean and determine the prescription strengths of the glasses.
3. Volunteers at the recycling center carefully package the prepared glasses and store them until they are required for eyeglass dispensing missions. Glasses that are not suitable for reuse are recycled for scrap, with the earnings benefitting local Lions and Leos projects.
4. At the mission site, eye care professionals and trained Lion and Leo volunteers perform vision screenings and dispense the appropriate recycled glasses, free of charge, to children and adults in need.

*World Health Organization Statistics



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Shirley Brown	2 Labor Day Erin Shannon Brianna Steele	3 7:00 pm: Target 5 Teleconference 7:30 pm: Audit Teleconference 8:30pm-#CAP Teleconference	4 Dyonna Wilson	5 7:00 p.m. Finance & Budget Committee Meeting	6	7 11:00 a.m. Chapter Meeting Norfolk Vo-Tech 1:00 pm: HBCU For Life Uno's Pizzeria-Battle of the States
8 Delta Epsilon Chapter Meeting	9 Charita Seiden	10	11 Tiffany Moore-Buffaloe	12	13 Brittanv Clark	14 Jessica Bethea Brittany Patterson 10:30 am HBCU for Life & #CAP 12:00p.m. Target 4-Book Club
15	16 HBCU IMPACT DAY	17 Tamara Cornick-Leonard	18 7:00 pm: Program Chair Meeting	19 Robin Gainey 6:30 p.m. Executive Board Meeting Norview High School	20 Robin Wilson	21 Undergraduate Round-Up- Winston-Salem NC
22 Jamean Alexander	23 SHARPC Meeting Target 2 – 7:00 pm Teleconference Evelyn Henley Kimberly Johnson Adia White	24	25 Katherine Lindsey Delta Epsilon Executive Board Mtg.	26 Gwendolyn Bruce Sherry Menard	27 Theresa Henry	28 Tidewater Cluster-Chesapeake, VA
29	30					

EVENTS

HBCU Week

- 9/16-HBCU Impact Day
- 9/17-HBCU NPS Spirit Door Decorating
- 9/18-HBCU Ambassadors Social Media
- 9/19-HBCU Spirit Social Media Campaign
- 9/20-HBCU Iota Omega Hidden Figures

Bring These Items To Chapter Meeting

- Non-Perishable Items Collection
- Lions Club International Eyeglasses Recycling Collection
- Soles4Soles Shoe Collection (flats or very low heels)
- Pillowcases (To Begin Little Dresses & Shirts Project)



Remembering Our Ivies Beyond The Wall



Silver Star Manie Ratliff
June 22, 2019



Golden Soror Joyce Gilliam-Brown
July 19, 2019



Diamond Soror Carlesta Vivian Spearman
August 14, 2019