



Iota Omega
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Kathy W. Moore, Basileus

SPECIAL POINTS OF INTEREST:

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ALPHA KAPPA ALPHA SORORITY, INCORPORATED® IOTA OMEGA CHAPTER NORFOLK, VA

Basileus Message

My Dear Sorors,

This time last year we experienced tragedy for our neighbors in Virginia Beach. One year later, we are all stunned and bewildered again due to an act of senseless violence in Minneapolis, Minnesota and how it has impacted the world. “Why?”, we all asked this time last year and we are asking again today.

We again find ourselves in a pivotal moment in history, a crossroads on the journey to social justice and an upset to the status quo. “A pandemic within a pandemic.” As we peacefully protest and march for social justice in our cities, state, nation and the world let us continue to uplift our community with healing thoughts and prayers. Like last year, my thoughts immediately deferred to resilience and the human spirit as we continue our struggle for a more perfect union.

Again, I reflect on my message from last year, “Resilience is a concept that exists in almost every culture around the world: the ability to bounce back from adversity, from whatever setbacks life deals you, in order to come back and conquer another day. It is amazing how humans withstand multiple crisis or illnesses and get back up with a fighting spirit; akin to the concept of the “Refiner’s Fire” and being forged by walking through fire, and coming out finer, stronger and better.”

Dr. Martin Luther King, Jr. said it best, “The arc of the moral universe is long, but it bends toward justice.” Be encouraged and uplifted as we move forward on social justice!

Sisterly,
Soror Kathy



Happy Birthday!

June Birthdays

- 5 Juanita Clarke
- 5 Alfreda Knight
- 5 Phyllis Clark-Freeman
- 9 DeVaughn Scott-Smith
- 11 Michelle Wilson
- 13 Shirley Gray
- 14 Selena Joseph
- 18 Bertha Escoffery
- 20 Myra Payne
- 28 Teesha Sanders
- 29 Sanguetta Banks
- 30 Aloni Hill

July Birthdays

- 4 Ada Blair
- 4 Stacey Blue
- 4 Sylvia Spratley
- 4 Sylvia Johnson
- 5 Jacqueline Kee
- 10 Marva Baker
- 12 Crystal McLaurin
- 16 Patricia Colvin
- 22 Harriet Clemons
- 29 Shirley Nottingham
- 31 Cristina Alsop

August Birthdays

- 1 Shauna Freeman
- 5 Monica Chisolm
- 9 Elnora Melvin-Smith
- 16 Colita Fairfax
- 19 Keisha Williams
- 29 Ashley Yelity
- 30 Fontaine Ferebee-Johns
- 30 Sheila London
- 31 Clarice Sharp
- 31 Jacquelyn Lucas

MESSAGE FROM THE SUPREME BASILEUS



Dear Sorors:

As we continue to navigate this worldwide, horrific pandemic, we find strength in the scripture in Psalms that says, *"Be of good courage and He shall strengthen your heart, all ye that hope in the Lord."* It is this courage, this hope, this Godly power that will sustain us during this difficult season. Our unshakable faith reassures us that God will, indeed, see us through.

Yes, COVID-19 continues to disrupt families and lives while leaving unimaginable grief and pain in its wake. Normal routines have been altered and standard rites of passage have been canceled. The world as we once knew it has ceased to exist. But we are finding a way, and where there is no way we are making one. That is an undeniable truth which has encouraged me in the midst of this pandemic.

Nowhere has this resilience been more evident than through our undergraduate membership. Their academic careers were suddenly transformed to new learning platforms, and they were forced to adapt to modified campus life. In

this issue, we are excited to feature our extraordinary undergraduate members who have leveled up and are representing Alpha Kappa Alpha with excellence and aplomb. I am proud of our undergraduate members and continue to be inspired by the leadership our undergraduate Directorate members have brought to their service.

Second Supreme Anti-Basileus Kasey A. Coleman is a 2019 graduate of Michigan State University. She currently works in the aerospace industry as a Supplier Quality Engineer. Undergraduate Member-At-Large Kaylen D. Long is a 2019 graduate of Mercer University who currently works as a Staff Aide to The Honorable John H. Lewis in Washington, D.C. Soror Kaylen has been admitted to law school and plans to enroll in the fall. Undergraduate Member-At-Large Hollye J. V. Weekes is a 2019 graduate of Wiley College. She is currently enrolled in the College of Pharmacy at Howard University. We are fortunate to have these young leaders serving Alpha Kappa Alpha. Each of our elected undergraduate leaders serves on the Undergraduate Activities Committee, chaired by Soror Kasey, and have brought steady leadership and an unwavering commitment to representing the interests of our undergraduate members. They have exemplified academic excellence and a commitment to creative, collaborative and impactful service in ways that should make us all proud. I am grateful for their committed service and look forward to each of them continuing to serve our sorority at the highest levels.

Despite the circumstances in which we find ourselves, we still have reason to be thankful and to celebrate. I also am grateful for the ways in which our undergraduate members have adjusted to these new conditions that have been thrust upon them. Virtual classes, sorority activities and even commencement ceremonies would have been unthinkable. But the agility of our undergraduate sorors and their commitment to maintaining some sense of normalcy has been commendable. Next month, we are proud to celebrate our 2020 Alpha Kappa Alpha graduates and bid them Godspeed as they embark on new and exciting ventures. In the meantime, Undergraduate Sorors, stay the course and be assured that God has determined your destiny and will certainly ensure your success.

Yours for Alpha Kappa Alpha,

Soror Glenda Glover
Supreme Basileus





Alpha Kappa Alpha Call to Action

Alpha Kappa Alpha
SORORITY, INCORPORATED®



June 1, 2020

Dear Sorors:

I want to reiterate that Alpha Kappa Alpha Sorority strongly condemns the senseless killing of Black girls, Black women, Black boys, and Black men in the United States resulting from unlawful, unnecessary and excessive use of force. The whitening away of the civil and human rights of African Americans is appalling. Therefore, we must engage in meaningful and intentional civil rights and social justice actions and initiatives with clear goals and purposes.

The International Connection Committee, under the leadership of Soror Roslyn Brock, has included in our social justice agenda three (3) specific areas that will bring the might of our collective membership to bear on critical issues impacting our community. These areas are: Census 2020, AKAs L.E.A.D., and the Poor People's Campaign March. Additionally, Alpha Kappa Alpha supports the NAACP in its call for sweeping police-reform federal legislation.

Census 2020. The census determines representation in the United States House of Representatives and impacts the budgetary allocation to our states. Many of our community members benefit from programs funded by federal dollars. Those dollars are allocated based upon population and demography which is why the census is critically important. Sorors are asked to complete the 2020 Census and to urge family and community members to do the same.

AKAs L.E.A.D. (Learn. Educate. Empower. Decide.) 2020 is a pivotal election year. This year presents us with a significant opportunity to elect candidates at the local, state, and federal levels whose political platforms and records align with the goals for our communities. We are urging chapters and individual sorors through the [When We All Vote](#) campaign to double local voter mobilization and participation efforts to vote and ensure that our voices are heard in electing the candidates who will most effectively advocate for our communities.

Poor People's Campaign March. June 20 presents us with an opportunity to join others who share our concern about the treatment of the poor, the marginalized, and African-American communities throughout the United States. Please register to participate in the Virtual March by region no later than June 12 by clicking [here](#).

NAACP Partnership. The NAACP is seeking sweeping police reform—federal legislation mandating a zero-tolerance approach in prosecuting police officers who kill unarmed, non-violent, non-resisting individuals during an arrest. Moreover, the NAACP has called upon the United Nations to classify police mistreatment of African-Americans in the U.S. as a human rights violation. Alpha Kappa Alpha joins the NAACP in this [call to action](#), and we resolve to pursue policies that decertify or terminate police officers who use lethal force in non-violent offenses.

Finally, sorors are seeking clarity on wearing paraphernalia when engaged in marches and demonstrations. Sorority protocols for marches, rallies, protests and demonstrations can be found in the [AKA Connection Resource Guide](#) in Section VII on page 31. Be mindful that we are continuing to operate in a virtual environment during the pandemic, and we are following the guidance from the CDC. Sorors' health and safety during this global health crisis remain a priority.

Sorors may wear paraphernalia when participating in organized, peaceful marches and demonstrations with the Divine Nine, the NAACP, the Urban League, and other similar justice-seeking organizations in response to the violent acts being perpetrated against African Americans. This participation should only take place when it is safe. Social distancing, wearing masks, and other safety guidelines must be observed. Should any violence, destruction of property or unlawful activities erupt, sorors are directed to disperse and leave the area immediately. Moreover, sorors are not permitted to make representations or speak on behalf of Alpha Kappa Alpha. The Supreme Basileus is the only authorized spokesperson for the sorority. I also have taken steps to hire a social media resource person to broaden and enhance the sorority's social media presence.

Alpha Kappa Alpha has a storied history of service that has resulted in significant progress in our communities and has withstood the test of time. We will remain organized, committed and focused to achieve the results our community desperately needs during this dark period in our nation's history. We have not and will not be silent. We will continue to serve, advocate and demand justice until our voices are heard and progress is achieved.

Sisterly,

Soror Glenda Glover
Supreme Basileus

2020 Scholarship Recipients-Congrats!



**Trinity Williams -
Vanderbilt U**



Kernekia Marshall - NSU



Kianna Butts - JMU



Gabriela Castro - UVA



Makeyah Jones - ODU



Zada McMorris - NSU

**Jayla McClee - VCU
(not pictured)**

Congratulations to our 2020 Scholarship Recipients!

2020 Recognition Ceremony - "Personal Deliveries"



Our 2020 Scholarship Recipients were recognized this year with special deliveries. They received a personal mock check and a chrome book, along with congratulatory wishes from sorors from the Scholarship Committee. These students are outstanding scholars who have excelled academically in their schools, participated in multiple extracurricular activities and served in the community. These Scholars are our future leaders!



Kernekia Marshall –Maury, NSU

Gariela Castro – Granby, UVA

Zada McMorris – Maury, NSU

Trinity Williams – Vanderbilt U

Kianna Butts – Ocean Lakes, JMU

Makeyah Jones – Maury, ODU

Jayla McClee –Grassfield, VCU (not pictured)

Trinity Williams, Scholarship Recipient, was featured recently on WTKR's Coast Live. The link is below:

<https://www.wtkr.com/coast-live/senior-spotlight-with-trinity-williams-on-coast-live>

See our Foundation's website and FB page for additional photos with bios.

NPFV.org

RELAXING STAY-AT-HOME ORDERS

How do I protect myself as restrictions are lifted in my area?

As states and local governments nationwide end stay-at-home orders, follow these recommended precautions to protect yourself and prevent the spread of infection:

1. **Wear a cloth mask.**
2. **Keep your mask clean.**
3. **Practice social distancing.**
4. **Wear gloves.**
5. **Wash your hands regularly.**
6. **Clean and disinfect surfaces.**
7. **Assist with contact tracing if you get infected.**

Wear a cloth mask. People can carry a high viral load in the respiratory tract and not have any symptoms. This phenomenon allows them to shed and transmit the virus and be asymptomatic. Without a mask, big particles fall to the ground quickly. With a mask, smaller particles pass through and the larger particles are stopped from depositing on surfaces and potentially being picked up by the next person who touches that surface.

Keep your mask clean. You should wash your hands whenever you touch your mask and be careful about taking the mask off at home. A mask worn outside could be covered in virus. When you remove your mask, place it out of the way until it is washed and dried.

Practice social distancing. When in a public space, ensure a distance of at least six feet is between you and others.

Wear gloves. Wearing gloves is not as effective in preventing infection as regularly washing your bare hands. You can still pick up COVID-19 while wearing gloves. If you are wearing gloves and then touch your face, the contamination from the glove to your face can infect you.

Wash your hands regularly. Wash your hands often with soap and water for at least 20 seconds (happy birthday sung twice) immediately when you return home from a public places such as the bank or grocery store. Hand sanitizer that is 60% alcohol is advised if soap and water is not available.

Clean and disinfect surfaces. Clean and disinfect surfaces with which many people come in contact such as tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets and sinks. Avoid touching high-contact surfaces in public. The virus can be spread by touching surfaces and then touching your eyes, mouth, nose and possibly ears.

Assist with contact tracing if you get infected. Public health staff assist patients by helping them recall everyone with whom they have had close contact during the timeframe while they may have been infectious. Public health staff then warn these exposed individuals (contacts) of their potential exposure as rapidly and sensitively as possible so that they can monitor their symptoms and/or get tested.

References:

Hub.jhu.edu

Johns Hopkins University

CDC.gov Center for Disease Control and Prevention

WHO.int World Health Organization

NEJM.org New England Journal of Medicine

Iota Omega Chapter Featured in the Ivy Leaf® Magazine Fall/Winter 2019

Iota Omega Chapter Scholarship Program Spring Hat Jazz Brunch (pg. 60) and the Target 2: Women's Healthcare and Wellness "Learn, Earn and Burn-Community Fair to Remember (pg. 129) received featured articles in the Ivy Leaf® Magazine Fall/Winter, Volume 98, Number 3. Our chapter Ivies Beyond the Wall remembrance articles were also contained in the publication. Our hard working chapter has not gone unnoticed. The best is yet to come. Great work Iota Omega!

Iota Omega Hosts Scholarship Fundraiser

Norfolk, VA – Iota Omega Chapter partnered with the Norfolk Pearls Foundation to host the 5th Annual Spring Hat Jazz Brunch. The foundation was established as a charitable arm to provide scholarships and cultural enrichment for students each year. The Spring Hat Jazz Brunch was held at the Norfolk Marriott and this year's theme was "Hats Off to Exemplary Community Service."



(from right to left) Iota Omega Chapter members and scholarship recipients are shown at the Spring Hat Jazz Brunch.

During the sold-out event, members of the local community were recognized for their ongoing excellence

in leadership and community service within the City of Norfolk and the Hampton Roads region. Hon. Kenneth Alexander, City of Norfolk Mayor, Ms. Daun Hester, Norfolk City Treasurer, and Dr. Ruth Jones Nichols, CEO of Foodbank of Southeastern Virginia and the Eastern Shore, were this year's honorees. Additionally, five college-bound high school students were awarded scholarships. In addition to cash awards, each received a Chromebook and a college care package of items for their dormitory rooms and personal use. Members of the chapter and community celebrated the academic achievements of these young scholars and look forward to academic excellence as they all matriculate to HBCUs in the fall. Scholarship recipients Jakayla Blackshear, Kaia Rascoe, Jhanquia Rodgers and Shy'da Whitley were awarded the Iota Omega Scholarship. Ms. Blackshear and Ms. Rascoe will be attending Howard University. Ms. Rodgers will attend Morgan State University and Ms. Whitley will attend Norfolk State University. Scholarship recipient Ms. Sierra Gray was awarded the Vivian Carter Mason Community Scholarship and will be attending Norfolk State University.

Iota Omega Supports a Healthy Community

Norfolk, VA – Nearly 200 people attended "Learn, Earn and Burn- A Community Fair to Remember" hosted by the Iota Omega Chapter. Lead by the Target 2 Women's Healthcare and Wellness committee, this Fourth Annual Health and Wealth Community Fair was held at Lake Taylor Middle School in Norfolk, Virginia. Sorors welcomed members of the community to share valuable information on healthy lifestyles, wealth building strategies and to promote HBCUs. With 40 vendors and presenters at the



(left to right) Soror Chauntrell Guilford, chapter anti-basileus; representatives with Chesapeake Regional Healthcare Breast Center, Soror S. Michelle Layne, Target 2 chairman; Soror Kathy W. Moore, chapter basileus and Soror Sanquetta Banks, Target 2 Breast Cancer Awareness sub-committee chairman.

ready, attendees were able to participate in interactive workshops to include Zumba fitness classes, line dancing instruction, Tabata workouts and hands on CPR training. Representatives with Chesapeake Regional Hospital were onsite and provided 3D mammograms to participants, as well. Free screenings included vision, blood pressure, and body mass index calculations. In addition to health information, invited vendors provided financial information including information on 529 college savings plans. Several participants commended Iota Omega Chapter for hosting the free and family friendly fair. Local television news, Channel 13 News Now, defined the event as "a great way to give back to the community" and provided news coverage of the fair, encouraging the community to attend.

STATEMENT ON SENSELESS KILLING OF GEORGE FLOYD



Alpha Kappa Alpha
SORORITY, INCORPORATED®



May 30, 2020

Dear Sorors:

Alpha Kappa Alpha Sorority, Incorporated joins thousands of others around the world in issuing the strongest condemnation of the senseless, unprovoked killing of George Floyd. The unspeakable actions of police officers who killed another unarmed Black man without justification or excuse underscore the structural and systemic inequities that persist in this country.

Over the last few years in particular, we have suffered the trauma of witnessing too many killings of unarmed African Americans in the United States. From Trayvon Martin in Florida to Tamir Rice in Ohio to Eric Garner in New York to Walter Scott in South Carolina to Terence Crutcher in Oklahoma to Botham Jean in Texas to Ahmaud Arbery in Georgia to Breonna Taylor in Kentucky and now George Floyd in Minnesota and so many more, we have watched primetime news coverage of police officers and private citizens gunning down members of our communities and have been unable to offer explanation or consolation to our children. Significantly, as wives, mothers, grandmothers, aunts and loved ones of our African-American husbands, sons, grandsons, nephews and others, we say a prayer each and every time they leave our presence. The uncertainty around which of our Black boys and men will be the next victim of gross police misconduct or baseless vigilantism haunts us daily. This very real and persistent threat to our lives and our right to be safe in our personhood and in our communities must be confronted.

Some in our communities have heard the rallying cry and staged peaceful protests to bring attention to the plight of African-American men in America. Others have resorted to violence born of frustration and grief. We do not condone violence. Instead, we must use our collective voice to speak out against these evils, and we must galvanize our communities to engage in the electoral process. We must use our voices to directly impact local, state, and national policies and priorities. We also must vote to ensure that we elect leaders who will hold police officers who engage in unlawful acts accountable. At the same time, we must continue to engage in measured, intentional civil rights and social justice initiatives designed to ensure that our communities have the same equal protection under the law that is extended to other groups.

We are living in unprecedented times. Now more than ever we must remain persistent, prudent, and prayerful while we demand justice for George Floyd and others like him whose lives have been senselessly cut short without cause. Alpha Kappa Alpha has long demonstrated an unwavering commitment to civil and human rights. It is that commitment which fuels our duty to do all we can to end these senseless killings of African Americans.

Yours for Alpha Kappa Alpha,

Soror Glenda Glover
Supreme Basileus



June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Awards Committee Teleconference- 7:00 p.m.	2 Target 5 - 7:00 p.m. Teleconference- Canceled	3	4 Green Team Ivies Committee Teleconference- 7:00 p.m.	5 Juanita Clarke Alfreda Knight Phyllis Clark-Freeman Target 3 - 7:00 p.m. Economic Webinar	6 Chapter Virtual Meeting 11:00 a.m.
7 12:00 Noon AKA Virtual Graduation	8	9 DeVaughn Scott-Smith	10	11 Michelle Wilson Fundraising Committee Teleconference- 7:00 p.m.	12	13 Shirley Gray
14 Selina Joseph	15	16	17	18 Bertha Escoffery	19	20 Myra Payne AKA World Refugee Day
21	22	23	24	25	26	27 Chapter Awards Submission Deadline "Not Fast, Just Furious 5K Race"
28 Teesha Sanders	29 Sanguetta Banks	30 Aloni Hill				

ALPHA KAPPA ALPHA SORORITY, INCORPORATED®
DAY OF WORLDWIDE PRAYER
Mid-Atlantic Region
 MS. JENNIFER KING CONGLETON
 REGIONAL DIRECTOR
 EVERY THURSDAY
 7:00 AM - MORNING PRAYER
 12:00 NOON - MID-DAY PRAYER
 6:00 PM - EVENING PRAYER
 TOLL FREE (712)832-8127,
 210818#

@AKAMidAtlanticRegion @MidAtlanticAKA @MidAtlanticAKA www.aka1908.com/midatlantic

Thank you for joining our weekly Day of Prayer calls on Thursdays. Let us continue to pray for families impacted by COVID-19, healthcare workers, first responders and other essential workers, our sisterhood, this nation and our world. Please also pray for wisdom and compassion for national, state, and local leaders as they make important decisions affecting our communities. The designated prayer times are 7:00AM, 12:00 Noon and 6:00PM in your local time zone. Pray once, twice or at each of the designated times as your schedule allows believing in the awesome power of prayer. Continue to remain prayerful as we live through this global pandemic.

The Class of 2020 Virtual Commencement Celebration has been re-scheduled to Sunday, June 7th Noon EDT / 11:00 AM CDT.

Alpha Kappa Alpha SORORITY, INCORPORATED®
A Celebration of Excellence
Class of 2020 Virtual Commencement Celebration
 Sunday, May 31, 2020 ★ 12:00 Noon CDT

Star Jones
 Award-Winning Attorney, Author, Advocate and Media Personality
 Former International Second Vice President of Alpha Kappa Alpha Sorority, Incorporated®
Speaker

#SodaDistancingIsASeriousMatter #AKAStayingHomeFor