



Iota Omega
 P. O. Box 2732
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 norfolkpearls.com

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**ALPHA KAPPA ALPHA SORORITY, INCORPORATED®
 IOTA OMEGA CHAPTER**

Basileus Message

My Dear Sorors,

I hope you had an enjoyable summer with your family and friends!

September marks the beginning of a new academic year and the end of the summer season. Additionally, the first day of school is a major milestone in the life of any young person; one he/she is bound to regard with a curious mixture of feelings that could include anxiety, excitement, insecurity, hopefulness and hopes that both the homework loads and the cafeteria food will be manageable and enjoyable! Along with new school supplies and a fresh wardrobe, the student is bound to need a strong dose of love, encouragement and reassurance to fuel the start of a fun and successful school year. With this in mind, no matter the age, concerned parents, grandparents, and friends should continue to encourage your school children to apply, attend and graduate from a college or university. Also encourage them to volunteer their time to help others.

September also marks the beginning of our return to chapter endeavors and the work of our sisterhood. Let's be prepared to support our Target 1-HBCU For Life & #CAP initiatives, along with our fall Cluster meetings. The activity dates will arrive quickly this month! See you at the Tidewater Cluster!

Sisterly,
 Soror Kathy



**Happy Birthday!
 September Birthdays**

- 1 Shirley Brown
- 2 Brianna Steele
- 2 Erin Shannon
- 4 Dyonna Wilson
- 9 Charita Selden
- 11 Tiffany Moore-Buffaloe
- 13 Brittany Clark
- 14 Jessica Bethea
- 14 Brittany Patterson
- 17 Tamara Cornick-Leonard
- 19 Robin Gainey
- 20 Robin Wilson

- 23 Jamean Alexander
- 24 Evelyn Henley
- 24 Kimberly Johnson
- 24 Adia White
- 26 Katherine Lindsey
- 27 Sherry Menard
- 27 Gwendolyn Bruce
- 28 Theresa Henry



**ACHIEVE YOUR DREAMS ★ ACCOMPLISH GOALS ★ ACQUIRE A COLLEGE DEGREE
BEGIN YOUR UNIVERSITY JOURNEY**

#CAP™ will bridge the gap between high school and college by helping you navigate the college admissions process. Our program will provide a step-by-step, hands-on process facilitating college admission by matching students with institutions.



Alpha Kappa Alpha Sorority, Incorporated®
Iota Omega Chapter-Norfolk, VA
Visit: www.norfolkpearls.com
Contact information:
Mrs. R. Blackstock
IOCAP@norfolkpearls.com

College Admissions Process

ELIBILITY REQUIREMENTS

- ✓ Male & Female high school junior or senior
- ✓ Minimum 2.0 GPA



PROGRAM COMMITMENT

One Saturday a month, 10:30am – 12:30 pm

Students will receive assistance with:

- Preparing for the SAT and ACT
- Researching Institutions & Compiling a Portfolio
- Completing college applications & Enrollment
- Searching and applying for scholarships
- Locating scholarships and other financial aid
- Writing personal essays and statements
- Understanding dorm life and the impact of being away from home
- Seminars, Workshops, Programs and much more!

STEPP

"A step-by-step Approach"

S-Search:

Search for schools and scholarships that meet your needs.

T-Test:

Prepare and take the required test(s).

E-Evaluate:

Evaluate the schools on your short list.

P-Paperwork:

Complete and submit applications, essays, financial aid forms and other required materials.

P-Positive Outlook:

Keep a positive attitude and be optimistic about your future.

"WE ARE FAMILY"

**PLEASE JOIN THE LADIES OF
ALPHA KAPPA ALPHA SORORITY, INCORPORATED®
DELTA OMEGA CHAPTER - PETERSBURG &
IOTA OMEGA CHAPTER - NORFOLK
as we celebrate our HBCUs in the**

BATTLE OF THE STATES
Norfolk State vs Virginia State

**Uno Pizzeria &
Grill - Norfolk, VA**

**SATURDAY
SEPTEMBER 7,
2019
1:00PM-4:00PM**

WWW.NORFOLKPEARLS.COM

**EAT, DRINK &
RAISE MONEY!**

COME SUPPORT A DOUGH RAISER TO BENEFIT

Alpha Kappa Alpha Sorority, Inc.®
Delta Omega and Iota Omega
HBCU for Life Programs

**UNO® will
donate up to
20%
of your check**

**DINE-IN
OR
TAKEOUT!**

DATE: 9/7/2019
VALID AT:
5900 E Va Beach Blvd
Norfolk Va 23502

unodoughraisers.com
PRESENT THIS TO YOUR SERVER

HBCU Week

- 9/16-HBCU Impact Day
- 9/17-HBCU NPS Spirit Door Decorating
- 9/18-HBCU Ambassadors Social Media
- 9/19-HBCU Spirit Social Media Campaign
- 9/20-HBCU Iota Omega Hidden Figures



9/16/19

THE ROAD TO \$10 MILLION
IS PAVED IN PINK AND GREEN.
LET'S RAISE \$1 MILLION IN 1 DAY
TO IMPACT HBCUS!
DONATE @ DONATE.AKAEAF.ORG
#AKA1MILLION1DAY

Virginia State University



Founding

Virginia State University was founded on March 6, 1882, when the legislature passed a bill to charter the Virginia Normal and Collegiate Institute. The bill was sponsored by Delegate Alfred W. Harris, a Black attorney whose offices were in Petersburg, but lived in and represented Dinwiddie County in the General Assembly. The university is one of Virginia's two land-grant institutions, and is located 20 minutes south of Richmond in the village of Ettrick. As an historically black college/university it is committed to the preparation of a diverse population of men and women through the advancement of academic programs and services that integrate instruction, research, extension, and outreach. The University endeavors to meet the educational needs of students, graduating life-long learners who are well equipped to serve their communities as informed citizens, globally competitive leaders, and highly effective, ethical professionals.

Values

- **Student Centered** – Promoting the intellectual, physical, social, and emotional development of students in all facets of University life.
- **Integrity** – Displaying the highest degree of ethical commitment in the pursuit of knowledge.
- **Engagement** – Developing civically engaged citizens who value all persons and demonstrate the desire to positively impact their immediate surroundings, nation, and world.
- **Customer Service** – Creating an atmosphere of respect, collegiality, and responsiveness to provide excellent service to our internal and external constituents.
- **Excellence** – Utilizing a balanced approach to create a high expectation of achievement, awareness, and intellectual development among our students, faculty, and staff.
- **Scholarly Research** – Conducting scholarly activity is at the forefront of our disciplines and applying translational discoveries and intellectual pursuits to benefit the community.
- **Global** – Preparing globally aware citizens that respect and appreciate cultural differences of all people through service and the dissemination of knowledge to the world.
- **Teaching** – Providing learning environments and activities consistent with best educational practices to create a framework where scholarship is intentional, transformational, and deepens understanding in the preparation of future leaders.
- **Diversity** – Fostering a community that identifies, values, and respects differences of all people by creating a positive experience for students, faculty, staff, and the community.



Today

Dr. Makola M. Abdullah serves as president of VSU. President Abdullah is advised by members of the President's Cabinet, composed of the chief of staff, vice presidents, several deans and associate deans, and other key University personnel. With a current student population of approximately 4,600, the University sits atop a rolling landscape overlooking the Appomattox River with expansive views of Petersburg. The 231-acre campus boasts 11 residence halls, 18 academic buildings and a 412-acre agriculture research facility.

Source: <https://www.vsu.edu/>



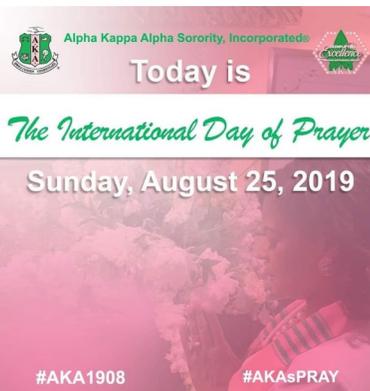
LEADERSHIP SEMINAR-Nashville, TN



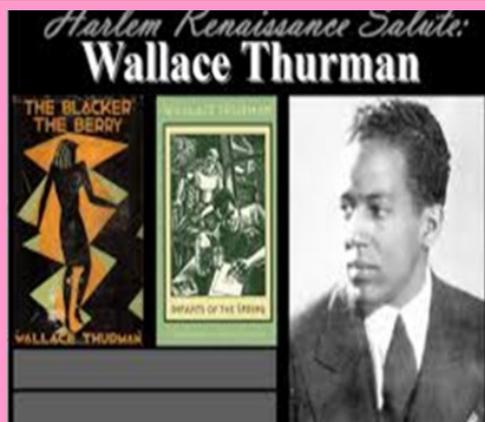
A Community Health Fair To Remember



International Day of Prayer Second Calvary Baptist Church



Target 4: The Arts! - Book Club



Target 4 – The Arts! is asking sorors to secure a copy and join us as we read Wallace Thurman's "The Blacker the Berry." Soror Sylvia Lawson will lead a lunch discussion of the novel on Saturday, September 14, 2019 at Piccadilly, 530 North Military Highway, Norfolk,



SATURDAY
OCTOBER 12TH 2019
7.00 - 11.00 PM
(DOORS CLOSE AT 8)



DOWNTOWN
WATERSIDE MARRIOTT
235 EAST MAIN STREET
NORFOLK, VA 23510

9th ANNUAL TIDEWATER



TOP CHEF CULINARY EXTRAVAGANZA

TICKETS: \$ 30
TASTING: 7.30 - 9.00 PM



SILENT AUCTION
CASH BAR
CHIC ATTIRE

ALPHA KAPPA ALPHA SORORITY, INCORPORATED®
Marvelous Mid-Atlantic Region



A New Thing:
ReNEWing
Our Commitment to Excellence!



Soror Jennifer King Congleton
MID-ATLANTIC REGIONAL DIRECTOR



Tidewater Cluster Meeting

September 28, 2019
Chesapeake Conference
Center
700 Conference Drive
Chesapeake, VA 23320

Host Chapter:
Zeta Kappa Omega

Registration: 7:30 a.m.
Program begins: 9:00 a.m.

Soror Glenda Baskin Glover
SUPREME BASILEUS



ALPHA KAPPA ALPHA SORORITY, INCORPORATED®

Mid-Atlantic Region

Undergraduate Round-Up



Embodying Excellence In Every Endeavor

SOROR JENNIFER KING CONGLETON
Mid-Atlantic Regional Director

SOROR GLENDA BASKIN GLOVER
Supreme Basileus

September 20-21, 2019
Embassy Suites Concord
Concord, NC

Host Chapters: Gamma Lambda, Winston-Salem State University,
Pi Beta, Wake Forest University

SOLES 4 SOULS

WEARING OUT POVERTY®

Everyone deserves a good pair of shoes



- Soles4Souls was founded as a disaster relief organization after philanthropists and shoe executives provided footwear to those most impacted by The Indian Ocean tsunami in 2004 and Hurricane Katrina in 2005.
- Since Soles4Souls began in 2006, we've distributed over 35 million pairs of shoes in 127 countries. But EVERY SINGLE ONE of those pairs makes a difference in people's lives.
- We continue to act as second wave responders providing footwear and clothing to those in need during times of disaster.
- Every day children are prevented from attending school; adults are unable to work. Walking becomes unbearable. A new pair of shoes provides relief in developing nations, in times of disaster, and helps bridge the economic gap.
- We utilize new and gently-worn shoes and clothing as a resource for individuals to start and sustain a small business (a micro-enterprise) of their own in places where job opportunities don't exist.
- With your help, we can provide a life-changing solution: a good pair of shoes.



"Give a person a fish, they eat for a day; teach a person to fish and they eat for a lifetime."



Usable Glasses Can Make A Difference!

Lions and Leos help to conserve sight by providing usable eyeglasses to children and adults throughout the world.



Why Recycle Glasses?

An estimated 120 million people* are visually impaired because of uncorrected refractive errors (far and near sightedness). Almost all cases can be corrected and normal vision can be restored with eyeglasses, contact lenses or refractive surgery. The lack of eyeglasses denies children and adults opportunities for education, employment and a better quality of life.



The Journey of Recycled Glasses

1. Lions and Leos collect used eyeglasses at various community locations.
2. The glasses are shipped to the nearest Lions Eyeglass Recycling Center where trained volunteers sort, clean and determine the prescription strengths of the glasses.
3. Volunteers at the recycling center carefully package the prepared glasses and store them until they are required for eyeglass dispensing missions. Glasses that are not suitable for reuse are recycled for scrap, with the earnings benefitting local Lions and Leos projects.
4. At the mission site, eye care professionals and trained Lion and Leo volunteers perform vision screenings and dispense the appropriate recycled glasses, free of charge, to children and adults in need.

*World Health Organization Statistics



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Shirley Brown	2 Labor Day Erin Shannon Brianna Steele	3 7:00 pm: Target 5 Teleconference 7:30 pm: Audit Teleconference 8:30pm-#CAP Teleconference	4 Dyonna Wilson	5 7:00 p.m. Finance & Budget Committee Meeting	6	7 11:00 a.m. Chapter Meeting Norfolk Vo-Tech 1:00 pm: HBCU For Life Uno's Pizzeria-Battle of the States
8 Delta Epsilon Chapter Meeting	9 Charita Seiden	10	11 Tiffany Moore- Buffaloe	12	13 Brittany Clark	14 Jessica Bethea Brittany Patterson 10:30 am HBCU for Life & #CAP 12:00p.m. Target 4-Book Club
15	16 HBCU IMPACT DAY	17 Tamara Cornick- Leonard	18 7:00 pm: Program Chair Meeting	19 Robin Gainey 6:30 p.m. Executive Board Meeting Norview High School	20 Robin Wilson Undergraduate Round-Up- Winston-Salem NC	21
22 Jamean Alexander	23 SHARPC Meeting Target 2 – 7:00 pm Teleconference Evelyn Henley Kimberly Johnson Adia White	24	25	26 Katherine Lindsey Delta Epsilon Executive Board Mtg.	27 Gwendolyn Bruce Sherry Menard	28 Theresa Henry Tidewater Cluster- Chesapeake, VA
29	30					

EVENTS

HBCU Week

- 9/16-HBCU Impact Day
- 9/17-HBCU NPS Spirit Door Decorating
- 9/18-HBCU Ambassadors Social Media
- 9/19-HBCU Spirit Social Media Campaign
- 9/20-HBCU Iota Omega Hidden Figures

Bring These Items To Chapter Meeting

- Non-Perishable Items Collection
- Lions Club International Eyeglasses Recycling Collection
- Soles4Soles Shoe Collection (flats or very low heels)
- Pillowcases (To Begin Little Dresses & Shirts Project)



Remembering Our Ivies Beyond The Wall



Silver Star Mamie Ratliff
June 22, 2019



Golden Soror Joyce Gilliam-Brown
July 19, 2019



Diamond Soror Carlesta Vivian Spearman
August 14, 2019